25613 - Kinesitherapy

Información del Plan Docente

Academic Year	2018/19
Subject	25613 - Kinesitherapy
Faculty / School	127 - Facultad de Ciencias de la Salud
Degree	275 - Degree in Physiotherapy
ECTS	6.0
Year	2
Semester	First Four-month period
Subject Type	Compulsory
Module	---

1.General information

1.1.Aims of the course

1.2.Context and importance of this course in the degree

1.3.Recommendations to take this course

2.Learning goals

2.1.Competences

2.2.Learning goals

2.3.Importance of learning goals

3.Assessment (1st and 2nd call)

3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

4.Methodology, learning tasks, syllabus and resources

4.1.Methodological overview

A variety of methodologies will be used, including question and answers, demonstrations, practical sessions (hands-on practice) in small groups, individual work and personal study

4.2.Learning tasks

4.3.Syllabus

TOPIC 1.-Kinesitherapy: Concept. Objectives. Classification. Principles of application. Scope of work and indications.

TOPIC 2.-Kinesitherapy passive: Concept. Techniques. Principles of application. Actions . Indications and contraindications.

TOPIC 3.-Joint mobilization passive: Concept. Classification. Types and principles of aplication. Joint mobilization instrumental.

TOPIC 4.-Osteoarticular postures: Concept. Objectives. Classification. Principles of application. TOPIC 5.-Tractions therapeutic: Concept. Actions. General principles of application. Classification. Manual and instrumental tractions in spine. Indications. Contraindications.

TOPIC 6.-Stretching: Concept. Objectives. T erms related to stretching. Properties of soft tissue that affect elongation. Technique and principles of application. Classification. Methods. Indications and contraindications.

TOPIC 7.-Kinesitherapy active: Concept. Objectives. Classification and methods.

TOPIC 8.-Instrumental work: suspensions and pulleys.

4.4.Course planning and calendar

4.5.Bibliography and recommended resources

Information Literacy Program offered through the University Library.