

#### Información del Plan Docente

Academic Year 2018/19

**Subject** 25625 - Physiotherapy in clinical specialities III

Faculty / School 127 - Facultad de Ciencias de la Salud

**Degree** 275 - Degree in Physiotherapy

**ECTS** 6.0

Year 3

Semester Second Four-month period

Subject Type Compulsory

Module ---

- 1.General information
- 1.1.Aims of the course
- 1.2. Context and importance of this course in the degree
- 1.3. Recommendations to take this course
- 2.Learning goals
- 2.1.Competences
- 2.2.Learning goals
- 2.3.Importance of learning goals
- 3.Assessment (1st and 2nd call)
- 3.1. Assessment tasks (description of tasks, marking system and assessment criteria)
- 4. Methodology, learning tasks, syllabus and resources

### 4.1.Methodological overview

The methodology followed in this course is oriented towards achievement of the learning objectives and competencies, combining active participation of the student in the theoretical sessions, focused on the basic physical therapy performance on neurology. On the other hand, the subject focuses on the personal activity of the student carrying out the different physical therapy processes in the evaluation and global treatment of the neurological patient.

Particularly, the student should develop a personal searching on the physical therapy performance based on a analysis and study that allows to go through the knowledge of the problem and to provide structure to the physical therapy performance.



Students are expected to participate actively in the class throughout the semester.

Classroom materials will be available via Moodle. These include a repository of the lecture notes used in class, the course syllabus, as well as other course-specific learning materials.

Further information regarding the course will be provided on the first day of class.

### 4.2.Learning tasks

The proposed program to achieve the results comprises the following activities:

- Lectures: 10 hours.
- Clinical Seminars: 12,5 hours.
- Practice sessions: 12,5 hours.
- External clinical practice sessions: 25 hours.
- Group assignment and autonomous work.

### 4.3. Syllabus

#### **SYLLABUS**

#### PHYSICAL THERAPY EVAUATION OF THE NERVOUS SYSTEM

- Mechanosensibility and Phsyiology of the Peripheral Nervous System
- Motor, sensitive and cognitive evaluation of the Central Nervous System
- Neuropathic pain evaluation
- Muscle tone evaluation and treatment
- Balance and Coordination evaluation and treatment

EVALUATION AND TREATMENT OF PATHOLOGIES RELATED WITH THE PERIPHERAL AND CENTRAL NERVOUS



SYSTEM
PERIPHERAL NERVOUS INJURIES
Seddon classification
Sensitive recovery evaluation
Motor dysfunction treatment
Sensitive dysfunction treatment
Vegetative dysfunction treatment
Orthopedic prevention
COMPRESSION SYNDROMES
Nervous compression and tension
Upper quadrant syndromes
Lower quadrant syndromes
Clinical stages according to mechanosensibility and physiology
Symptoms, neurodynamics and neural interface treatment
Sensibility treatment
Motor dysfunction treatment
FACIAL PALSY
Facial palsy



Physical therapy evaluation and treatment
CEREBROVASCULAR ACCIDENT (CVA) or STROKE
Type of Stroke
Stroke Units
Assessment scales for stroke
Physical therapy treatment
BRAIN DAMAGE
Patient assessment: acute phase
Physical therapy treatment: acute phase
Physical therapy treatment: subacute phase
Physical therapy treatment: chronic phase
CEREBRAL PALSY
Physical therapy assessment: motor evaluation
Treatment: general and functional objectives
Treatment: principles and development
PARKINSON DISEASE
Physical therapy evaluation in Parkinson disease

Treatment: Specific objectives and phases



**MEDULAR INJURY** 

# 25625 - Physiotherapy in clinical specialities III

Clinical aspects
Physical therapy evaluation. Scales
General objectives
Physical therapy treatment according to objectives and phases
MISCELLANY
- AMYOTROPHIC LATERAL ESCLEROSIS
- MULTIPLE ESCLEROSIS
- GUILLAIM-BARRE SYNDROME
4.4.Course planning and calendar Presential sessions and assignment calendar
This subject has a compulsory consideration. The subject is taught in the second semester of the Third course of the Physiotherapy Degree at University of Zaragoza (15 teaching weeks)
It has a duration of 6 credits, developed according to the following teaching activities:
- Theoretical lessions
- Seminars and practical clinical cases
The date of evaluation of the theoretical and practical content and the final assignment of the subject is related to the

The different presential activities will be carried out in the Faculty of Health Sciences and Practical Health Centers that will

be informed in the beginning of the academical course in the official information point of the faculty.

## 4.5.Bibliography and recommended resources

assigned calendar for June and September exams.