

## 26004 - Health sociology

### Syllabus Information

**Academic Year:** 2018/19

**Subject:** 26004 - Health sociology

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

**Degree:** 276 - Degree in Occupational Therapy

**ECTS:** 6.0

**Year:** 1

**Semester:** Annual

**Subject Type:** Basic Education

**Module:** ---

## 1. General information

### 1.1. Aims of the course

#### 1.1. Study objectives

The subject and its foreseen results respond to the following considerations and objectives:

The overall objective of this subject is that students, with their knowledge of its contents, are capable of explaining

the theoretical and methodological foundations of Sociology applied to Occupational Therapy, and Social Research

techniques, to apply them to Occupational Therapy professional and research development.

### 1.2. Context and importance of this course in the degree

Sociology will be the subject that guides Occupational Therapists to develop their capacity to work holistically, tolerantly, with no judgements, carefully and sensibly so that the rights, beliefs and desires of different groups or individuals are not compromised. At the same time, it will help reflect on the importance that occupational

functioning will have to bring well-being and comfort to populations, communities, groups and individuals whose lives are affected by limited functioning, suffering and disease, and to analyse the different approaches

from sociology that are worked with these problems in our society

Finally, developing effective communication and an empathic relationship with users, families, social groups and other professional will be another of the most important objectives of this subject, as will introducing students to the social research that applies to their professional development.

### 1.3. Recommendations to take this course

Students are recommended to consult the information that appears in Moodle about this subject to plan their personal course work from the beginning. This work will be essential to obtain the foreseen learning results and to progressively acquire competences.

## 2. Learning goals

### 2.1. Competences

Having passed this subject, students will be more competent to:

## THE SPECIFIC COMPETENCES OF THIS SUBJECT

- Know the reference levels and parameters when analysing the social reality marked by dualities like: objetivo?subjetivo; estructura?acción, empírica?teoría, conflicto?integración, etc. -
- Understand sociological paradigms
- Master the specific sense of sociological language
- Study individuals as a product of the social reality and as a stakeholder in it. Understand and implement the concepts of culture, social norms, roles, etc., in Occupational Therapy.
- Understand society's structural elements as something key to explain Sociology, especially social institutions, groups and organisations
- Analyse the structures of power and conflict that derive from them
- Understand reproduction and change as a result of the actions of those agents in social structures.
- Understand the health and disease concept from Sociology
- Study the different factors that influence health and disease
- Develop an open critical attitude about social life, its processes of change and its uncertainties
- Develop critical capacity towards scientific theories, ideological doctrines and social practices
- Assume roles and responsibilities which, as healthcare professionals, must be played to face the population's or a person's requirements
- Acquire knowledge and the capacity to apply Sociology to the Occupational Therapy context
- Have the capacity to apply a research methodology to their professional actions by improving and updating its quality.
- Plan, design and develop social research in the health field with methodological rigour
- Relate Sociology knowledge with other disciplines
- Have the capacity to maintain a person's dignity, privacy and confidentiality as something inherent to them playing their professional role

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- Acquire skills to relate with patients and other professionals to allow the process to be optimised.

#### COMPETENCES ACCORDING TO ORDER CIN/729/2009

1. Recognise the essential elements of the occupational therapist profession, including ethical principles, legal responsibilities and professional exercise that focus on individuals and populations by respecting their autonomy and professional secrecy
2. Know national and international health organisations, and the different environments and conditioning factors in distinct health systems
3. Obtain and use epidemiological data, and assess trends and risks, as a basis for health decision making
4. Recognise one's own limitations, and the need to maintain and update one's own professional competence by attaching special importance to autonomously learning new knowledge and techniques, and be motivated by quality

5. Critically evaluate and know how to use information sources to obtain, organise, interpret and communicate scientific, healthcare, public health and social information by maintaining data confidentiality
6. Understand the conceptual foundations of the occupational nature of humans and their occupational performances throughout their life cycles
7. Understand and recognise the interrelation that links the well-being, health, significant occupation, dignity and participation concepts.
8. Understand and recognise the importance of contextual factors as determining factors of occupational dysfunction
9. Recognise the determining factors of health in the population, resources and multiprofessional teams, and prevention, maintenance and promotional health actions for both individuals and the community
16. Collaborate with groups and communities to promote its members' health and well-being through participation in significant occupation
18. Recognise the influence of individual, religious and cultural differences, and customs related with occupation and participation
19. Acquire and develop skills, abilities and practical experience in the public health and community context
21. Carry out one's professional practice by respecting other professionals and by acquiring teamwork skills
22. Actively listen to, obtain and summarise information about the occupational problems and demands of individuals and populations, and understand the content of this information

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23. Establish assertive interpersonal communication with all the relevant interlocutors during the Occupational Therapy Process.

### **2.2. Learning goals**

To pass this subject, students should obtain the following outcomes:

- 1- Analyse, summarise and relate the fundamental concepts of General Sociology
- 2- Analyse, summarise and relate the fundamental concepts of the Sociology of health.
- 3- Correctly apply these concepts to the Occupational Therapy field.
- 4- Correctly apply the Vancouver system and perform bibliographic documentation works as a basic requirement to put the subject's practicals to the best possible use, and correctly handle and understand databases and other documentation tools.
- 5- Acquire theoretical and practical knowledge about the Research Techniques applied to Occupational Therapy Research.

### **2.3. Importance of learning goals**

These outcomes allow students to be more prepared to understand the technical and methodological foundations of Occupational Therapy with a bio-psycho-social view of human beings, be better qualified to start planning with discussion of professional action in situations of physical, psychic or sensorial disease/disability, or situations of marginalisation throughout a person's life cycle.

The intention is to train students in the Research Techniques applied to their professional area so they assimilate

and put into practice all the Method and Scientific Process phases.

### 3. Assessment (1st and 2nd call)

#### 3.1. Assessment tasks (description of tasks, marking system and assessment criteria)

##### 3.1. Type of tests, their value towards the final mark and the evaluation criteria for each test

Students should demonstrate that they have achieved the foreseen learning outcomes by the following evaluation activities.

##### 1- Evaluating practicals:

- Attendance is compulsory

- Active efficient participation: students should demonstrate they know how to apply the theoretical basis of this subject

and solve matters or practical assumed cases using accurate, clear language with discussion.

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- Conducting the works required for these purposes to be delivered as assignments on the Platform.

- Students will sit a practical oral exam if they do not pass this continuous evaluation for not attending at all, not attending more than twice with no sound reasons for doing so, or not conducting the tasks or assignments requested by the teacher throughout evaluations.

##### 2- Written exams:

- Final exam on the theory of the whole subject sat at the end of second 4-month period (June) on a date set by the Faculty's Board.

**To pass this subject, students will have to obtain a minimum mark of 5 (a pass) in this exam. Once this exam has been passed, the qualifications obtained from the expected works will be calculated. These works could be presented again the next time the exam is sat to help students improve their exam mark. Otherwise students will still have the mark obtained in previous exams.**

**(PowerPoint, Portfolio and Research Article....the type of work will be established when the course starts).**

The Final Exam will be an objective test in which wrong answers will be penalised according to the correcting formula followed in such tests.

**3.- Delivering works:** any previously assigned works (tasks done during practicals, PowerPoint presentations, Portfolio, Research Article) should be delivered on the delivery dates indicated for them.

The scores obtained with these works will only be computed towards the final mark once students have passed the

final exam in June with a minimum mark of 5, as previously indicated.

If students pass the final exam, but do not deliver their assigned works, the final mark shall be delayed until the next call.

If students pass the final exam and deliver their assigned works, the mark obtained in the exam will be positively weighted in a 20% proportion to the estimated exam mark.

**4.- Overall evaluation:** As set out in detail in the important milestones of this subject, this evaluation will be for the students who did not attend either classes or practicals, with a final exam that will include contents related

to the theoretical and practical classes, the works and activities done during the course by the other students.

##### Individual work:

Students shall keep a **portafolio or field notebook** throughout the course that reflects their learning process in relation to the subject's contents and practicals.

It will reflect their analysing and summarising competences in **PowerPoint**, which they will be able to present, or not, in class, on one of the documents posted on the Platform for this purpose.

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Students should also perform a **bibliographic search in databases or a literature review** on a theme as a Systematic Review approach, as explained in class, or in other usual ones, which will be used as prior documentation before conducting the **research work** to be delivered at the end of the course.

### - Qualifications system

The **final subject mark** results from **weighting, provided that students have passed the final exam in June with a minimum mark of 5 and have delivered the above-mentioned works.**

Theoretical exam:  
80%

Practicals  
and works:20%

## 4.Methodology, learning tasks, syllabus and resources

### 4.1.Methodological overview

The course includes the following learning tasks:

Knowledge will be acquired by applying different methodologies: during lectures, student participation will be encouraged on syllabus themes in class. This activity will be supplemented with practice sessions, held in small groups to facilitate members, but to also assimilate the work to be done.

Throughout the course, invited teachers will participate and will present those themes in which they are considered experts.

The process will be completed during tutoring hours when students will have the chance to learn in an individual and direct manner.

Finally, the whole process will be supported by it being updated and maintained on the website in Moodle.

### 4.2.Learning tasks

The course will address the following topics:

1.- Face-to-face theoretical classes. Credits: 2. 50 hours

Teaching method: work groups in class to discuss the contents to work on. Debates and remarking on texts.

2.- Face-to-face practical classes and theoretical-practical seminars

Teaching method: working in small groups: problem solving, designing research projects.

Compulsory attendance. Otherwise students will have to sit an exam on the content related to the practicals at the end of the course.

3.- Students keep a field diary / portfolio and offer a PowerPoint Presentation of a document chosen with the teacher's approval.

Portfolio or field diary. Teaching method: a self-learning control tool: the expectations, experiences, doubts and ideas experienced throughout the course, which will help them to self-assess the achievements they make in the subject. Delivery date: 1st of June.

PowerPoint Presentation of the analysis and summary of one of the readings posted on the platform for this purpose. As so class, the delivery date will coincide with the end of the first 4-monthly period.

4.- Designing research into health by applying social research techniques as single or supplementary instruments. Credits: 1. 50 hours

Teaching method: undertake a research project that comes as a Research Article on one of the proposed research lines mentioning the management of documental sources, the rigour of using the method and developing new research lines (the project will be delivered as an Abstract in English and Spanish, Introduction, Methodology and Sample, Bibliography with a minimum of 20 citations). Deliver

5.- Other student personal work activities. Credits: 2. 50 hours.

Teaching method: Final exam. Students must pass this exam with a minimum mark of 5 to weight this qualification with the aforementioned works.

Studying the subject.

6.- Tutoring students: How each student's teaching-learning process evolves will be monitored using motivation techniques to

Each student will be expected to attend a minimum of three tutorials throughout the course to obtain a mark in the above-mentioned requirement will directly influence students' overall mark. These tutorials will be scheduled as one per 3-monthly period, with scoring towards the works to be delivered by 1 May.

Recommended bibliography:

As this will be permanently revised and amended, students should consult the website in Moodle.

Revising the bibliography that appears in the link with the Centre's Library is also advised. This Bibliography is considered important to completely or partially revise it according to their interests.

- Planning and schedule

Scheduled face-to-face sessions and presentations of works

- Theoretical classes in large groups: 2 h/week throughout the course

- Practical classes during the first 4-monthly period. Tasks will be done during them and delivered via the platform on/at the in

- Final exam on the date set by the Faculty's Board. Students must pass this exam with a minimum mark of 5 as an essential c

- Delivery date for works. 1 May at the latest.

### 4.3.Syllabus

The course will address the following topics:

- Introduction to Sociology

-The Main sociological Theories and Perspectives

-The Social Research Techniques Applied to the Health Area.

-Globalisation, the Natural Environment and Climate Change.

-Culture, Social Norms, Roles and Socialisation Processes.

-Sociology in Day-to-Day Life.

-Disease, Disability and Sociology of the Body.

-The Family as an Agent in the Healthcare System and Socialisation Processes.

-Formal and Informal Healthcare and Welfare Networks.

-Poverty, Social Exclusion and Well-Being.

-Organisation as a Professional and Social Frame.

-The Population's Health and Ageing

-Sociology of the Body, Health, Disease and Disability.

-Health and Social Class, Gender and Ethnicity.

-Health and Social Cohesion.

-Health and Inclusive Education.

- Gender Violence, Prevention and Aetiology.
- Emerging Psychosocial Factors in Healthcare Professionals.
- Social and Therapeutic Skills Applied to the Professional Healthcare Area
- Risk Factors in Childhood and Adolescence
- Scientific Method and Databases

#### Research Process Phases

- Social Research Techniques Applied to Health.
- Research Project in the Health Area

## 4.4.Course planning and calendar

A schedule of face-to-face sessions and when to present works

Practical classes will be compulsory and done in groups during the first 4-month period. These practical classes will be coordinated in English subject by sharing tasks, and with invited teachers. This experience is the result of the Teaching Innovation Project that has been undertaken for some years.

The theoretical classes will be given throughout the course in the proportion established by the Department and to fulfil the teaching Classification Scheme).

Tutorials will be given in person or on the Platform. Their timetable will be agreed on with students when the course starts class schedule, whenever possible. This can be achieved by seeking hours free of academic activities.

- ? Theoretical classes in a large group: 2 h/week throughout the course
- ? Practical classes in small groups: 1 h/week for four groups during the first 4-monthly period until classes have ended
- ? Delivering (theoretical and practical) material related to the portfolio or field notebook that students must do throughout the course
- ? Conducting a Research Article to be delivered on 1 May.
- ? Performing a systematic review presented in PowerPoint and Word about recommended themes, to be delivered at the end of the course
- ? Final theoretical exam of the whole subject: June. The mark obtained with this exam must be a minimum of 5 to pass the first phase of the course
- ? Evaluation of the aforementioned works: once students pass the final exam, they move on to the second phase of the overall course
- ? Overall evaluation: this will be done with the students who did not go to the theoretical and/or practical classes and did not perform throughout the course. It will consist in an exam of the whole subject and the content of the works/practicals done. It will be held in June.

## 4.5.Bibliography and recommended resources

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