

# 26006 - Occupational therapy theory and techniques I

## Syllabus Information

**Academic Year:** 2018/19

**Subject:** 26006 - Occupational therapy theory and techniques I

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

**Degree:** 276 - Degree in Occupational Therapy

**ECTS:** 11.0

**Year:** 1

**Semester:** Annual

**Subject Type:** Compulsory

**Module:** ---

## 1.General information

### 1.1.Aims of the course

### 1.2.Context and importance of this course in the degree

### 1.3.Recommendations to take this course

## 2.Learning goals

### 2.1.Competences

### 2.2.Learning goals

### 2.3.Importance of learning goals

## 3.Assessment (1st and 2nd call)

### 3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

## 4.Methodology, learning tasks, syllabus and resources

### 4.1.Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as lectures in a large group, practice sessions in small groups, realization of individual assessment and special importance of autonomous work and study.

### 4.2.Learning tasks

The course includes the following learning tasks:

- Theoretical classes in a large group (3'5 ECTS, 87'5h). Explanation and orientation for the personal study of the different contents of the subject, understanding it towards the acquisition of competences and learning results. All the directivity and interaction resources will be used, as well as support in the different audiovisual supports.
- Practical face-to-face classes in groups (1 ECTS, 22'5h). Training on practical cases and solving problems individually and in teams, applying the theoretical basis of the subject and the exercise of communication.
- Autonomous work (0'5 ECTS). It seeks the stimulus for initiative and personal creativity, the management of documentary sources, the structuring of a logical discourse and the search and achievement of the conclusive synthesis. All this is a prerequisite for the research work.
- Personal study (6 ECTS). Based on the indicated activities, the student must take responsibility for the creation of structured work schedules and programs in the context of the time used for other subjects. It must represent the step of motivation, fostered with the learning activities described above, to the autonomous exercise of the will.

### 4.3.Syllabus

The course will address the following topics:

#### Section I: The concept of Occupational Therapy

- Conceptual framework of Occupational Therapy
- Concept and History of Occupational Therapy
- Health, disease and disability, functional assessment, prevention levels
- Application areas of Occupational Therapy, types of occupational activity, the TO team, individual work and group work.

#### Section II: Frameworks and models in Occupational Therapy

- Organicist models: Biomechanical/kinesiological, neuromotor, neurological-evolutive
- Organic-mental models: perceptual-motor, psychomotor, neurophysiological.
- Mental models: learning and occupational behavior, cognitive and psychodynamic.
- Holistic models: model of human occupation, Canadian model, American Association of Occupational Therapy framework, other models.

#### Section III: Skills and abilities

- Manipulative skills
- Praxical-constructive skills
- Communication and interaction, adaptive and creative skills

### 4.4.Course planning and calendar

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course, will be provided on the first day of class or please refer to the Facultad de Ciencias de la Salud web <https://estudios.unizar.es/estudio/ver?id=109>

Calendar of face-to-face sessions and presentation of works

- Theoretical classes in a large group: 3h / week throughout the course
- Practical classes in small groups: 1h / week
- Delivery of individual work: 1st business day of the month of March, or 1st business day of the month of May
- Partial exam of theory (that does not eliminate any content): at the end of the 1st semester (January)
- Oral practical exam (if not passed by continuous evaluation): June - September
- Final exam of theory of the whole subject: June - September

### 4.5.Bibliography and recommended resources