

## 26318 - Teaching Methods in Physical and Sports Activities

### Información del Plan Docente

<b>Academic Year</b>	2018/19
<b>Subject</b>	26318 - Teaching Methods in Physical and Sports Activities
<b>Faculty / School</b>	229 - Facultad de Ciencias de la Salud y del Deporte
<b>Degree</b>	295 - Degree in Physical Activity and Sports Science
<b>ECTS</b>	6.0
<b>Year</b>	3
<b>Semester</b>	First semester
<b>Subject Type</b>	Compulsory
<b>Module</b>	---

### **1.General information**

#### **1.1.Aims of the course**

#### **1.2.Context and importance of this course in the degree**

#### **1.3.Recommendations to take this course**

### **2.Learning goals**

#### **2.1.Competences**

#### **2.2.Learning goals**

#### **2.3.Importance of learning goals**

### **3.Assessment (1st and 2nd call)**

#### **3.1.Assessment tasks (description of tasks, marking system and assessment criteria)**

### **4.Methodology, learning tasks, syllabus and resources**

#### **4.1.Methodological overview**

#### **4.2.Learning tasks**

#### **4.3.Syllabus**

The course will address the following topics:

- Topic 1. Introduction to the teaching of physical activity and sports
- Topic 2. Analysis of effective teaching
- Topic 3. Initial information
- Topic 4. Feedback

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- Topic 5. Group climate and affective interaction
- Topic 6. Motivation and teaching behaviour
- Topic 7. Distribution of practice time
- Topic 8. The organization and control of the classroom / group
- Topic 9. Teaching styles

### **4.4.Course planning and calendar**

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the Faculty of Health and Sports Sciences website.

### **4.5.Bibliography and recommended resources**