

#### Información del Plan Docente

Academic Year 2018/19

**Subject** 61114 - Other Therapeutics

Faculty / School 127 - Facultad de Ciencias de la Salud

**Degree** 374 - Master's in Social Gerontology

**ECTS** 2.0

Year 1

Semester Indeterminate

Subject Type Optional

Module ---

#### 1.General information

## 1.1.Aims of the course

The subject and its expected results respond to the following approaches and objectives:

The subject as a whole should lead the student to the knowledge of the relevant aspects of physical activity and speech therapy in the elderly.

## 1.2.Context and importance of this course in the degree

The ability to apply the knowledge and skills of this subject is to see the impact of these therapies on the elderly and how to improve the quality of life of the elderly.

#### 1.3. Recommendations to take this course

Attendance to class and work on the material that is delivered during the same.

## 2.Learning goals

## 2.1.Competences



Upon passing the subject, the student will be more competent to ...

Generic Competences:

Multidisciplinary teamwork

Motivation for quality.

Skills to work in an international context.

Leadership.

Creativity.

Information management skills.

Ability to work autonomously.

Ability to generate new ideas.

Management skills of new technologies.

- 10. Knowledge of other cultures and customs.
- 11. Research skills.

Specific competences:

- 12. Knowledge, skills and abilities to optimize current resources in the field of gerontology.
- 13. Relevant knowledge and ability to apply new aspects of language therapy and motor activity in geriatrics and gerontology.
- 14. Knowledge, skills and abilities for professional performance in the field of geriatrics and gerontology.
- 15. Knowledge, skills and abilities to plan, develop and direct research in the field of geriatrics and gerontology.
- 16. Skills to facilitate the integration and participation of older adults in the various aspects of social and cultural life.
- 17. Knowledge, skills and abilities on the processes of rehabilitation, integration and participation of the elderly.
- 18. Skills to facilitate the integration and participation of the elderly in the care networks of health services and in society itself, revaluing their social function.

## 2.2.Learning goals

The student, to pass this subject, must demonstrate the following results ...

- 1.-Identify, analyze and discuss the contributions of the therapies presented in this module, physical activity and speech therapy, under the gerontological and geriatric perspective.
- 2.- Identify, analyze and discuss the different therapeutic forms presented in this module under the gerontological and geriatric perspective.
- 3.-Identify the needs of these therapies in specific cases.

# 2.3.Importance of learning goals

The therapies presented here allow improving the quality of life of the elderly, its application is of vital importance in the elderly, in their environment and in society in general.

#### 3.Assessment (1st and 2nd call)

## 3.1. Assessment tasks (description of tasks, marking system and assessment criteria)

The student must demonstrate that he has achieved the expected learning outcomes through the following assessment activities

The student will be able to make innovative contributions in class, seminars and tutorials.

The student unequivocally identifies the contributions of the different therapies in the field of gerontology and geriatrics. Evaluation methods

Attendance and participation in classes, seminars, guided study and tutoring (20%).

Realization of identification of contributions on a topic previously selected by the professor of any of the presented therapies (80%).

# 4. Methodology, learning tasks, syllabus and resources



## 4.1. Methodological overview

The learning process that has been designed for this subject is based on the following:

The subject has a mixed orientation, both theoretical and applied, therefore the activities that are planned are focused on the acquisition of a series of knowledge and skills related to aspects of logopedy and physical activity in the gerontological field.

## 4.2.Learning tasks

The program offered to the student to help him achieve the expected results includes the following activities ...

Theoretical classes: Expository and explanatory content sessions. Always accompanied by debate sessions.

Acquired competences: Competences 2, 3, 4, 5, 6, 11 and 12.

Seminars: problem-based learning and case resolution. With defense in them of the results obtained.

Acquired skills: Competencies 1, 4, 8, 9, 12, 13, 14 and 17.

Guided studies: students work with the ability to obtain relevant information and respond to it.

Acquired skills: Competencies 1, 2, 3, 6 and 11.

Individual work: It includes the study of contents related to the theoretical classes, preparation of seminars, data analysis, search of information and complementary readings and writing of works.

Acquired skills: Competencies 7, 8, 9, 10, 11 and 12.

Group work: It includes the preparation of seminars, data analysis, information search and complementary readings. Acquired skills: Competencies 6, 8, 9, 10, 12 and 14-18.

Tutoring / evaluation: Direct attention to the student. Identification of learning problems. Orientation in the subject. Both the skills learned and the attitudes that have been detected with deficiencies in the rest of the training activities are evaluated. In the case of continuing to detect deficiencies, complementary activities are provided. Acquired competences: All competitions.

## 4.3.Syllabus

The course will address the following topics:

- 1. The concept of speech therapy.
- 2. Deafness.
- 3. Aphasia.
- 4. Voice disorders.
- 5. Speech therapy in Parkinsons disease.
- 6. The motor activity in the elderly.
- 7. Physical exercise conditions in the elderly.
- 8. Aims of physical exercise in the elderly.
- 9. Types of physical exercises for the elderly.

## 4.4. Course planning and calendar

Calendar of face-to-face sessions and presentation of works

See chronogram and moodle of the subject.

Tutoring of works Wednesdays from 9 a.m. to 12 p.m., by appointment by e-mail.

Consult schedule and moodle of the subject.

## 4.5. Bibliography and recommended resources

he bibliography will be discussed in class according to the bibliographic search that is made at each moment.

