

## 25932 - Community Psychology and Psycho-social Intervention

### Syllabus Information

**Academic Year:** 2019/20

**Subject:** 25932 - Community Psychology and Psycho-social Intervention

**Faculty / School:** 301 -

**Degree:** 270 - Degree in Psychology

**ECTS:** 6.0

**Year:** 2

**Semester:** First Four-month period

**Subject Type:** Optional

**Module:**

### 1.General information

#### 1.1.Aims of the course

#### 1.2.Context and importance of this course in the degree

#### 1.3.Recommendations to take this course

### 2.Learning goals

#### 2.1.Competences

#### 2.2.Learning goals

#### 2.3.Importance of learning goals

### 3.Assessment (1st and 2nd call)

#### 3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

### 4.Methodology, learning tasks, syllabus and resources

#### 4.1.Methodological overview

The methodology followed in this course is oriented towards achievement of the learning objectives. It is based on the contents and that favors the development/acquisition of competences. A wide range of teaching and learning tasks are implemented.

Students are expected to participate actively in the class throughout the semester.

Classroom materials will be available via Moodle. These include a repository of the lecture notes used in class, the course syllabus, as well as other learning resources. Further information regarding the course will be provided on the first day of class.

#### 4.2.Learning tasks

##### Learning tasks and activities:

1. Lecture classes (2 ECTS, 25 hours)
2. Case analysis (0,5 ECTS, 5 hours)

3. Information search and management y cooperative work (0,5 ECTS, 5 hours)
4. Oral presentations by students (2 ECTS, 20 hours)
5. Multimedia material (0,5 ECTS, 5 hours)
6. Conferences of guests professionals and academics (0,5 ECTS, 5 hours)

### 4.3.Syllabus

#### SECTION I

##### CONCEPTS AND THEORETICAL BASES

- **Lesson 1.** Introduction to Community Psychology.
- **Lesson 2.** Community, Community Psychology, and social well-being.
- **Lesson 3.** Empowerment and community development.
- **Lesson 4.** Social networks and social support.
- **Lesson 5.** Programs? implementation and evaluation in Community Psychology.

#### SECTION II

##### INTERVENTION AREAS IN COMMUNITY PSYCHOLOGY

- **Lessons 6 to 11:** Intervention areas in Community Psychology (to discuss with the students).

#### SECTION III

##### ROL OF COMMUNITY PSYCHOLOGIST

- **Lesson 12.** Ethics, valoues, and roles in community interventions.

##### PRACTICAL ACTIVITIES

Case studies will be examined, through role-playings and any other methodology to develop the competences of the subjects and students? abilities. Cooperative learning, assertiveness, and critical thinking is encouraged.

### 4.4.Course planning and calendar

For further details concerning the timetable, classroom and further information regarding this course please refer to the Facultad of Social and Human Sciences website (<http://fcsh.unizar.es/>)

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### 4.5. Bibliography and recommended resources

- Intervención psicosocial / coordinadores, Amalio Blanco, Jesús Rodríguez Marín ; autores, Enrique Alonso [et al.] . Madrid : Pearson Prentice Hall, D.L. 2007
- Psicología social comunitaria / Sofía Buelga ... [et al.]. México : Trillas, 2009
- Bueno Abad, José Ramón. El proceso de ayuda en la intervención psicosocial / José R. Bueno Abad . 1ª ed. Madrid : Editorial Popular, 2005
- Castro Vázquez, Ángel. SOS \_\_ soy inmigrante : el Síndrome de Ulises / Ángel Castro Vázquez. Madrid : Pirámide, cop. 2011
- Cruz Quintana, Francisco. SOS ... Dejarme morir : ayudando a aceptar la muerte / Francisco Cruz Quintana, María Paz García Caro . Madrid : Pirámide, D.L. 2007.
- Psicología de la intervención comunitaria / Itziar Fernández Sedano, J. Francisco Morales Domínguez y Fernando Molero Alonso (coordinadores) . Bilbao : Desclée de Brouwer, cop. 2011
- Fernández Millán, Juan M.. Apoyo psicológico en situaciones de emergencia / Juan M. Fernández Millán . Madrid : Pirámide, 2005
- Gracia Fuster, Enrique. El apoyo social en la intervención comunitaria / Enrique Gracia Fuster . 1a. ed. Barcelona : Paidós, 1997
- Gracia Fuster, Enrique. Evaluación de recursos y estresores psicosociales en la comunidad / Enrique Gracia Fuster, Juan Herrero Olaizola, Gonzalo Musitu Ochoa . Madrid : Síntesis, D.L. 2002
- Lisbona Monzón, Albert.. SOS ... soy dependiente : estrategias para mejorar la calidad de vida / Albert Lisbona Monzón, Leila Nomen Martín, May Pliego Vidal. . Madrid : Pirámide, D.L. 2009.
- López-Cabanas, Miguel. Intervención psicosocial y servicios sociales : Un enfoque participativo / Miguel López-Cabanas, Fernando Chacón . 1a ed., 1a reimp. Madrid : Síntesis, 1999
- Trabajando con grupos : técnicas de intervención / coordinadores Manuel Marín Sánchez, Yolanda Troyano Rodríguez ; [Manuel Marín Sánchez ... [et al.]] . [1ª ed.] Madrid: Pirámide, D. L. 2003
- Psicología comunitaria : Fundamentos y aplicaciones / Editor: Antonio Martín González . Madrid : Síntesis, DL1998
- Introducción a la psicología comunitaria / Gonzalo Musitu Ochoa ... [et al.] . 1ª ed. Barcelona : UOC, 2004
- Sánchez Vidal, Alipio. Manual de psicología comunitaria : un enfoque integrado / Alipio Sánchez Vidal . Madrid : Pirámide, D.L. 2007
- Intervención psicosocial : Elementos de programación y evaluación socialmente eficaces / Coordinado por César San Juan Guillén . Barcelona : Anthropos ; Santa Fe de Bogotá : Uniandes, 1996
- Conde, J.A. Psicología comunitaria, salud y calidad de vida / J.A. Conde, A.I. Isidro. Salamanca : Eudema, 1995
- Sánchez Vidal, A. Psicología comunitaria: bases conceptuales y métodos de intervención / A. Sánchez Vidal. Barcelona : EUB, 1996