

## 26778 - Palliative Care

### Syllabus Information

**Academic Year:** 2019/20

**Subject:** 26778 - Palliative Care

**Faculty / School:** 104 -

**Degree:** 304 - Degree in Medicine

**ECTS:** 4.0

**Year:** 5

**Semester:** First semester

**Subject Type:** Optional

**Module:** ---

### 1.General information

#### 1.1.Aims of the course

#### 1.2.Context and importance of this course in the degree

#### 1.3.Recommendations to take this course

### 2.Learning goals

#### 2.1.Competences

#### 2.2.Learning goals

#### 2.3.Importance of learning goals

### 3.Assessment (1st and 2nd call)

#### 3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

### 4.Methodology, learning tasks, syllabus and resources

#### 4.1.Methodological overview

For the training of students, they are to perform two basic types of activities:

1. Contact activities in large and small groups:

- a. Lectures
- b. Practical Seminars with presentation of clinical cases by the student

2. Non-contact activities, which students, will be the main actor:

- a. Performance of clinical cases by the students
- b. Performing two jobs

#### 4.2.Learning tasks

The course includes the following learning tasks:

1. Classroom activities

- a) Lectures (theoretical, practical and discussion content)
- b) Two Seminars with compulsory attendance and signature control

- i) Communication and relationship with the patient and family. The bad news in medicine.
- ii) A case report prepared by students at home and that will present in groups whose composition will take place at the beginning of the course.

## 2. Non-contact activities

- a) Performing clinical cases for presentation in the seminar
- b) Performing two jobs
  - i) Original comment, 500-600 words (2 pages printed single-spaced, step 12) to choose a chapter book "Watch Me" by Cicely Saunders. 2011 Castilian translation.
  - ii) Comment Free next movie: Wit "Love Life" Nichols Mike, Emma Thompson 2001. Available by the teacher.

## 4.3.Syllabus

The course will address the following topics:

- Class 1. History and Development of Palliative Care. Principles of Palliative Medicine. General principles of control and evaluation of symptoms.
- Class 2. Basics pain and evaluation. Treatment of mild to moderate pain. Adjuvant drugs for pain management.
- Class 3. Treatment of severe pain. Morphine and alternative opioids. Strategy in difficult pain.
- Class 4. General problems: anorexia and cachexia, weakness. Nutrition and hydration. Digestive problems: mouth care, evacuation disorders, opioid-induced constipation, nausea and vomiting, intestinal obstruction.
- Class 5. Respiratory problems: breathlessness, cough, and hemoptysis. Neurological problems: delirium and other symptoms. Emergency in Palliative Medicine.
- Class 6 Palliative Care in late-stage organ failure.
- Class 7. Ethical aspects of care at the end of life. Euthanasia and palliative care. Aragón death deserving law.
- Class 8. Management agony. Situation last hours or days. Palliative Sedation. Suffering and spiritual care.

## 4.4.Course planning and calendar

### The Schedule sessions and presentation of works

Presentation of work:

Jobs are sent by email before the final exam.

The delivery date will be agreed with the students at the beginning of the course.

### Schedule training sessions and seminars

It will be held by groups and dates are assigned when the number of students is known.

Dates of global assessment: <https://medicina.unizar.es/quinto-curso#horario9>

## 4.5.Bibliography and recommended resources

<http://psfunizar7.unizar.es/br13/eBuscar.php?tipo=a>