

29235 - Applied English for Dietetics and Nutrition

Syllabus Information

Academic Year: 2019/20

Subject: 29235 - Applied English for Dietetics and Nutrition

Faculty / School: 229 - Facultad de Ciencias de la Salud y del Deporte

Degree: 441 - Degree in Human Nutrition and Dietetics

ECTS: 6.0

Year: 4

Semester: First semester

Subject Type: Optional

Module: ---

1.General information

1.1.Aims of the course

The course and its expected outcomes respond to the following approaches and objectives

The acquisition of the basic tools to manage successfully in the most common communicative situations, linked with the Nutrition field, as well as to handle and produce specific materials for this discipline, in the English language.

1.2.Context and importance of this course in the degree

It is an optative course in which linguistic formation is offered, more specifically, specific English for students of Human Nutrition and Dietetics.

1.3.Recommendations to take this course

Students are reminded that the course is given in English and thus, it is recommended that they have a B1 level, of the European model.

2.Learning goals

2.1.Competences

When passing the course, the student will be more competent to...

Improve his knowledge and use of a second language, in this case, English.

Apply theoretical knowledge to performance.

Recognize the need to plan and manage time, and to do it efficiently.

Work in the abilities of management of information (skill to search, analyze and choose information from different sources), and be able to transmit and present the knowledge acquired after investigation.

Work in an international context.

Work in a team.

2.2.Learning goals

The student, to pass this course, will have to show the following results...

The student knows the characteristics of scientific English, a language which will be essential in the development of this future professional functions.

The student possesses the abilities of general reading comprehension, to understand and interpret scientific texts, as well as specific writing.

The student is able to deliver a basic oral presentation

The student knows specific vocabulary related to his English studies

2.3.Importance of learning goals

The learning outcomes offer the student the possibility of counting on a tool, the English language, which will let them widen their knowledge about the content of other courses of the degree.

Thanks to these outcomes, the student will be able to give a formative continuity to their studies, not only in the university student stage, but also in their professional activity, as most specialised literature is published in English, and international congresses are numerous.

The student will count on an important help to continue being trained throughout their career.

3.Assessment (1st and 2nd call)

3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

The student will demonstrate that they have reached the expected learning outcomes by means of the following assessment activities.

1. A **final written exam**, on the appointed date for each call, which will include the following parts:

- a) Reading comprehension, intensive and extensive: 20%
- b) Listening comprehension: 20%
- c) Morphosyntax and vocabulary: 20%
- d) Writing: 20%

2. **Oral presentation**, in class, of a group work, including round of questions, and / or **final oral interview**, depending on the professor's considerations. (at the appointed dates during the term, which will be published on the Moodle webpage): 20%

To pass the course, it is not necessary to obtain a pass grade for each of the oral exam and all the written exam sections. The overall final grade, the average grade of the 6 sections, will have to be a minimum of 5.

In the exam, students will have to demonstrate the knowledge acquired throughout the course:

Morphosyntax and vocabulary. Students will solve exercises that will be similar to those done during the term, in which the grammatical correction in structures, which may be used in a 'dietician-patient' context, will be valued, as well as the precise use of technical words related to Nutrition, or definition of concepts.

Writing comprehension. It will include at least a text about an aspect of the syllabus. Student will answer global comprehension questions, or specific data or information that will be deductible from the text.

Listening comprehension. Student will prepare a presentation about a topic of the specialisation, by pairs or individually, which will be assessed individually. The presentation will take place in the classroom, following the norms which will be previously explained. In these presentations, students will use a PowerPoint document, which will be handed in to the professor, together with any written material used for the preparation of the presentation. The dates for the presentations will be decided during the term and will be published on Moodle.

Writing. Students will elaborate a composition about a topic related to the course. In this section, not adapting to the task or the topic is a criteria for evaluation, being able to obtain a 0 in the qualification of this skill.

Assessment criteria

In the evaluation activities the following aspects will be valued:

Oral expression /interaction: fluency, phonetic correction, message clarity, lexical, grammatical, pragmatical and communicative adequacy (use of strategies not to resort to the mother tongue)

Written expression: message relevance and adequacy of ideas to the proposed topic: communicative capacity, organization, clarity and coherence, morphosyntactic, lexical and orthographic adequacy; stylistic adequacy.

Oral comprehension: understanding of the global idea, recognition of the most important details of the recordings.

Written comprehension: understanding of the main ideas of a text, location of specific information, formulation of inferences, usage of contextual components, and knowledge about word formation to infer the meaning of unknown words or expressions.

DISTANCE LEARNING

If a student did not attend seminars and did not deliver an oral presentation, they will have to speak, before the exam, to the teacher to fix a date and place for the oral part of the exam.

SECOND CALL

Students who have not passed the exam, or did not take the exam, in the first call will be able to take the exam, both written and oral, on the date appointed by the centre, for the second call.

Assessment system

The student must obtain a 50% of the total to obtain a pass qualification.

According to the current legislation, the qualifications will be the following:

From 50% to 69% pass C, from 70% to 89% outstanding B, from 90% excellent A. The grade "with honours" will be given with an excellent A grade, according to the professor's criteria.

4.Methodology, learning tasks, syllabus and resources

4.1.Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as lectures, practice sessions and tutorials.

4.2.Learning tasks

This course is organized as follows:

- **Lectures** (0.5 to 1 hour per week). The teacher explains the theoretical basis, with the support of various resources. The student takes notes, asks doubts, comments on the new elements that are introduced in the explanations.
- **Practice sessions** (2.5 to 3 or 0.5 to 1 hour per week). The teacher presents the objectives, assesses about the realization of the work, supervises its development, if necessary. The student works in a group and presents the result to the whole class. Individual, pair and group work, during the term, related to grammar, vocabulary, written and oral expression, written and oral comprehension. Oral presentation of a group work.
- **Tutorials**. The teacher advises and solves questions. The student proposes difficulties and receives guidance.

4.3.Syllabus

This course will address the following topics:

- **Unit 1. Being a dietitian / nutritionist**
 - Nutrition-related jobs. Jobs at the hospital. Present continuous, present simple. Body parts (formal and informal).
 - Occupational video. Special spellings. Writing a CV.
- **Unit 2. Digestion**
 - The digestive system. Present perfect and past simple. Body waste. Disorders of the digestive system. Will and going to.
 - Writing e-mails.
- **Unit 3. Food**
 - Food types. Drink vocabulary. In the Kitchen. Cooking vocabulary. Cooking utensils and household devices. Famous
 - chefs. Jamie Oliver's video Sugar Rush. Countable and uncountable nouns. Some, any, much, many, few little. Food
 - festival listening. Conference and Seminar Language and Discussion.
- **Unit 4. The food guide pyramid**
 - History of Nutritional Guides in the US and in the UK (MyPlate, Pyramids). Comparatives. What's on your Plate? Smart shopping. Smart eating. Smart exercising. Healthy eating Listening.
- **Unit 5. Nutrition-related conditions**
 - Taking a patient's history. Explaining diagnosis. Discussing Treatment. Article "the". Modals for advice and obligation.
 - Eating disorders: anorexia, bulimia. Diet Listening.

4.4.Course planning and calendar

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the Faculty of Health and Sport Sciences website and

Moodle.

4.5. Bibliography and recommended resources

<http://psfunizar7.unizar.es/br13/egAsignaturas.php?codigo=29235>