Final Result of CUPID-0 Phase-I in the Search for the $^{82}$Se Neutrinoless Double-$\beta$ Decay


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CUPID-0 is the first pilot experiment of CUPID, a next-generation project for the measurement of neutrinoless double beta decay ($\beta\beta$) with scintillating bolometers. The detector, consisting of 24 enriched and 2 natural ZnSe crystals, has been taking data at Laboratori Nazionali del Gran Sasso from June 2017 to December 2018, collecting a $^{82}$Se exposure of 5.29 kg $\times$ yr. In this Letter we present the phase-I results in the search for $\beta\beta$DBD. We demonstrate that the technology implemented by CUPID-0 allows us to reach the lowest background for calorimetric experiments: $(3.5^{+1.9}_{-2.0}) \times 10^{-3}$ counts/(keV kg yr). Monitoring $3.88 \times 10^{25}$ $^{82}$Se nuclei $\times$ yr we reach a 90% credible interval median sensitivity of $T_{1/2}\beta\beta > 5.0 \times 10^{24}$ yr and set the most stringent limit on the half-life of $^{82}$Se $\beta\beta$: $T_{1/2}\beta\beta > 3.5 \times 10^{24}$ yr (90% credible interval), corresponding to $m_{\beta\beta} < (311–638)$ meV depending on the nuclear matrix element calculations.

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Nowadays, neutrinoless double beta decay ($0\nu$DBD) is considered one of the most sensitive probes for physics beyond the standard model. This hypothetical nuclear transition foresees the simultaneous decay of two neutrons into protons and electrons without the emission of neutrinos [1]. Its detection would prove the nonconservation of the total lepton number, setting an important milestone for leptogenesis and baryogenesis theories [2]. The observation of $0\nu$DBD would give precise insights also in particle physics, as this transition can occur only if neutrinos coincide with their own antiparticles, according to the Majorana hypothesis. As a consequence, its detection would allow us to establish the fundamental nature of these particles [3]. Furthermore, if the mechanism at the basis of $0\nu$DBD is the exchange of light Majorana neutrinos, the half-life of the transition ($T_{1/2}^{0\nu}$) would scale as $T_{1/2}^{0\nu} \propto m_{\beta\beta}^{-2}$, where the parameter $m_{\beta\beta}$ (effective Majorana neutrino mass) is a superimposition of the neutrino mass eigenvalues $m_i$ weighted by the elements of the neutrino mixing matrix ($U_{ei}$): $m_{\beta\beta} = \sum_i U_{ei}^2 m_i$ [4]. Thus, a measurement of $T_{1/2}^{0\nu}$ would also allow us to constrain the absolute mass scale of neutrinos.

The increasing interest in the search for $0\nu$DBD motivated a huge international effort in the development of several technologies [5–9] to study some of the candidate isotopes: elements with even atomic number and even neutron number, for which the single beta decay is strongly forbidden by energy conservation law. These experiments are now envisioning next-generation detectors to probe half-lives exceeding $10^{27}$ yr and, thus, the whole range of the inverted hierarchy region of neutrino masses, whose lower bound is at $m_{\beta\beta} \sim 10$ meV. The main handles to
to improve the sensitivity are the detector exposure, the background in the region of interest, and the energy resolution [10]. To ensure a competitive discovery potential, next-generation detectors will need more than $10^{27}$ emitters (hundreds of kg of source), a background as close as possible to zero in 5–10 years of data taking, and an energy resolution of ~1%, in order to disentangle the monochromatic peak produced by $0\nu$DBD from environmental background and from the irreducible background due to the standard model allowed $2\nu$DBD decay [11].

Cryogenic calorimeters (historically also called bolometers [12]) are one of the leading technologies in the search for $0\nu$DBD. These devices consist of dielectric and diamagnetic crystals cooled down at cryogenic temperatures (10 mK) and equipped with a sensor to convert thermal variations into electrical signals. The sensors chosen for CUPID-0 are Neutron Transmutation Doped (NTD) Ge thermistors [13]. The most impressive implementation of this technology is CUORE [14], an array of 988 TeO$_2$ cryogenic calorimeters, for a total active mass of 742 kg, that is taking data at Laboratori Nazionali del Gran Sasso (LNGS, Italy) to study the $^{130}$Te $0\nu$DBD. With an average energy resolution of $7.7 \pm 0.5$ keV in the region of interest, in 2018 CUORE set a 90% credible interval (C.I.) lower limit on $T_{1/2}^{DBD}$ of $1.5 \times 10^{25}$ yr [8]. The success of CUORE motivated the proposal of CUPID (CUORE Upgrade with Particle IDentification [15–18]), which aims at exploring the inverted hierarchy region of neutrino masses by reaching a $0\nu$DBD sensitivity larger than $10^{27}$ yr. CUPID will increase the active mass through isotopic enrichment and, at the same time, decrease the background by 2 orders of magnitude with respect to CUORE. Since the CUORE background in the region of $0\nu$DBD decay is dominated by $\alpha$ decays occurring on the detector surfaces [11], the first milestone of CUPID is the development of an active technique which enables the identification of such interactions. In the last years, scintillating bolometers proved to be a viable path for the $\alpha$ background suppression, as the simultaneous measurement of the calorimetric signal and the scintillation light allows us to keep a high energy resolution while identifying the nature of the interaction [19,20]. The promising R&D activity performed by the LUCIFER [21–28] and LUMINEU [29–33] experiments in the development of scintillating bolometers allowed us to construct a first medium-scale demonstrator of this technology: CUPID-0.

The CUPID-0 collaboration focused on $^{82}$Se, which features one of the highest $Q$ values for $0\nu$DBD decay (2997.9 $\pm$ 0.3 keV [34]). This choice allows us to work in an energy region barely affected by the $\beta/\gamma$ background induced by the natural radioactivity, that drops of more than an order of magnitude above 2.6 MeV. The main limitation of $^{82}$Se, i.e., its poor natural isotopic abundance, can be overcome through isotopic enrichment. The CUPID-0 collaboration exploits 96.3% enriched Se to synthesize ZnSe powder [35] and grow 24 cylindrical Zn$^{82}$Se crystals 95% enriched in $^{82}$Se [36]. These crystals (plus two natural ones) are surrounded by 3M Vikuiti plastic reflective foils and interleaved by bolometric light detectors (LD) similar to those described in Ref. [37]. Both the ZnSe crystals and the LD are equipped with a NTD Ge thermistor and with a P-doped Si Joule heater injecting a periodic reference pulse to correct for temperature variations [38,39]. The detectors are arranged in five towers using a mechanical copper structure, and anchored to the coldest point of an Oxford $^3$He/$^4$He dilution refrigerator located in the Hall-A of LNGS (previously used for the CUORE-0 experiment [40]). Details about the detector construction, commissioning, and operation can be found in Ref. [41].

The CUPID-0 detector has been taking data from June 2017 to December 2018. Physics data are divided in nine blocks called “data sets.” At the beginning and at the end of each data set we perform an energy calibration exposing the detector to an external (removable) $^{232}$Th source which provide $\gamma$ lines up to 2615 keV. For the $0\nu$DBD search, we discard from the analysis the data acquired by the two natural crystals and also by two enriched crystals that are not featuring a satisfactory bolometric performance. Thus, the final active mass used for the described analysis is 8.74 kg, corresponding to 4.65 kg of $^{82}$Se. With a live-time for physics runs of 74%, we collected a total $^{82}$Se exposure of 5.29 kg $\times$ yr ($3.88 \times 10^{25}$ $^{82}$Se nuclei $\times$ yr). The first four data sets, referring to 1.83 kg $\times$ yr of $^{82}$Se, were used to extract a preliminary limit on the half-life of $^{82}$Se $0\nu$DBD both to the ground and exited states of $^{82}$Kr [42,43]. Since then, we increased by almost a factor 3 the statistics and we improved the analysis algorithms to enhance the energy resolution and the background discrimination capability. In this Letter we present the final result of CUPID-0 phase-I for the search of $0\nu$DBD.

The signals produced by particle interactions are amplified, filtered with a 120 dB/decade, six-pole antialiasing active Bessel filter, and fed in a 18 bit analog-to-digital converter board with a sampling frequency of 1 ksp for ZnSe and 2 ksp for the (faster) LDs. The electronics is described in Refs. [44–50]. Data are saved on disk using a custom DAQ software package [51]. The ZnSe signals are acquired using a derivative trigger with channel-dependent parameters. Since the pulses recorded by the LD have a lower signal to noise ratio (as the majority of the energy is released in the heat channel), we used a different trigger, forcing the acquisition of the LD waveforms every time the trigger of the corresponding ZnSe fires.

The data analysis follows a slightly different path for heat and light pulses. Heat pulses recorded by the ZnSe are processed using a software matched filter algorithm [52,53], corrected by temperature instabilities using the reference pulse periodically injected by the Si resistor, and energy calibrated. To this aim, we exploit the periodical calibration with $^{232}$Th sources: we identify the most intense
peaks produced by the sources and use a zero-intercept parabolic function to convert the signal amplitude into energy. Finally, we compute time coincidences among crystals using a coincidence window of 20 ms, in order to reject the background due to multistep events simultaneous triggering different detectors.

Light pulses are acquired in time coincidence with ZnSe and filtered using a slightly modified version of the matched filter algorithm [54]. After improving the amplitude estimation by taking advantage from the known time jitter between heat and light channels [54], we intercalibrate the light detectors using the 2.6 MeV line produced by the $^{232}$Th sources. Finally, we remove the correlation between light and heat signals by performing a rotation in the light energy vs heat energy scatter plot to enhance the energy resolution [55].

To check the goodness of the energy reconstruction we made a calibration with a $^{56}$Co source (T$_{1/2}$ ~ 77.3 day, Q-value $\sim$4.6 MeV) emitting $\gamma$ rays with significant branching ratio up to 3.3 MeV. We calibrate the spectrum of each crystal using the coefficients derived from the $^{232}$Th calibrations, then apply these calibration coefficients to the runs performed with the $^{56}$Co source and obtain the sum spectrum of all the calibrated channels. To derive the FWHM energy resolution and the residuals of the calibration, we fit the most prominent $\gamma$ peaks of the spectrum. Bolometric detectors often show a nonperfectly Gaussian response to monochromatic energy deposits [56,57]. For this reason, instead of using a single Gaussian function, we fit the $^{56}$Co peaks using the signal model of CUPID-0 that, as explained in Ref [54], consists in a double Gaussian function. The FWHM energy resolution and the residuals of the calibration are shown in Fig. 1.

The energy resolution is modeled as a function of the energy using a linear dependency. The value extracted at the $Q$ value of $^{82}$Se is 20.05 ± 0.34 keV FWHM, about 10% better with respect to the one used for the analysis described in Ref. [42] thanks to the de-correlation of heat and light signals [55].

The residuals of the $^{56}$Co peaks show a small parabolic dependency on the energy, that could be removed by a further improvement of the calibration function. Nevertheless, the residual at the $Q$ value of $^{82}$Se is $-1.03 \pm 0.18$ keV, which is negligible considering the $\sim 20$ keV energy resolution. For this reason, instead of acting on the calibration function to further decrease the residual at the $Q$ value, we decided to treat this parameter as a systematic uncertainty.

We monitored possible drifts in the calibration parameters during all the physics runs with periodical $^{232}$Th calibrations, and we observed variations in the peaks positions lower than ±0.1%. The use of the $^{56}$Co calibration allowed us to narrow the systematic uncertainty on the 0$\nu$DBD position by a factor 3 compared to the previous analysis described in Ref. [42]. Nonetheless, this technique could not be used as routine calibration for CUPID-0 for the sake of physics data live time, since the time needed to collect sufficient $\gamma$ peaks near our region of interest was of the order of three weeks.

To select the events of interest for the 0$\nu$DBD search, we apply the following data selection criteria. First, we reject nonphysics events (due, for example, to electronics noise) by applying basic cuts to the shape parameters of the heat pulses, such as the slope of the baseline before the time of interaction, and the rise time of the pulse. We also require that a single crystal in the array triggered that event, as from GEANT4 simulations we expect the two electrons of 0$\nu$DBD to be contained in a single ZnSe crystal with a probability of (81.0 ± 0.2)%. Then, we select electronlike events by exploiting the time development of the light pulses which, being dominated by the crystal scintillation, allows us to discriminate electrons from $\alpha$ particles. To this purpose we use a shape parameter defined in Ref. [54], which is very sensitive to the time development of the light pulse. To improve the discrimination capability we combine the shape parameters of the two light detectors: since they result to be uncorrelated, we simply average them. To select a pure $\beta/\gamma$ sample, we use electromagnetic showers induced by muons interacting in the material close to the detector, easily recognizable as they induce simultaneous triggers in more than one detector. In order to make this selection more robust, we only choose events triggered by more than four crystals. We set a cut on the shape parameter of light pulses in order to keep a signal efficiency of 98%. The probability for an $\alpha$ particle to pass this selection is lower than 10$^{-7}$, proving the potential of the light and heat readout in suppressing the $\alpha$ background in view of the next-generation experiment CUPID. After the removal of $\alpha$ particles, the background in the region of interest decreases from $3.2 \times 10^{-2}$ to $1.3 \times 10^{-2}$ counts/(keV kg yr). The residual background is dominated by $^{208}$Tl decays due to internal and surface contaminations of the crystals.

FIG. 1. Left: energy resolution as a function of the energy for the most intense $\gamma$ peaks emitted by a $^{56}$Co source (sum spectrum of all the ZnSe channels). Right: Residuals of the calibration made with the coefficients derived from the $^{232}$Th calibrations. Green cross: Values corresponding to the $^{82}$Se $Q$ value, where we expect an energy resolution of 20.05 ± 0.34 keV and a residual of the calibration of $-1.03 \pm 0.18$ keV.
In CUPID-0, this background can be suppressed with a final data selection, made by applying a time veto. Indeed, if the contamination is internal or very close to the crystal, it is possible to tag the mother of $^{208}\text{Tl}$($^{211}\text{Bi}$) thanks to its $\alpha$ decay, and then exploit the short half-life of $^{208}\text{Tl}$ (3.05 min) to reject subsequent $\beta$ and $\gamma$ deposits. If the contamination is internal, the decay of $^{211}\text{Bi}$ is expected to produce an $\alpha$ event with an energy corresponding to the $Q$ value of the transition; if the contamination is on the crystal surface, part of the energy can be lost, and a $^{212}\text{Bi}$ decay results in an $\alpha$ event with lower energy. In CUPID-0 we can exploit the particle identification capability to tag all the $\alpha$ particles down to 2 MeV, enhancing the rejection of $^{212}\text{Bi}$+$^{208}\text{Tl}$ events.

Then we open a time veto of 7 $^{208}\text{Tl}$ half-lives for each tagged $\alpha$ event. When an $\alpha$ particle is detected, the probability for a $^{208}\text{Tl}$ decay to occur after 7 half-lives is 0.8%. Thus, a time veto of 7 half-lives offers a tagging efficiency exceeding 99% with a reasonable dead time of 6%. We highlight that, despite the strong particle identification capability offered by CUPID-0, there is still a small probability that surface $\alpha$ particles escape detection.

According to our background model, surface contaminations of the crystals in Th produce a residual background at the level of $3.4 \times 10^{-4}$ counts/(keV kg yr) [58].

The total efficiency on the signal selection thus includes: (i) the trigger and energy reconstruction efficiency ($\sim$99.5%), computed using the reference pulses injected by the Si resistor (as done, for example, in Ref. [56]); (ii) the data selection efficiency of heat pulses, comprising the efficiency of the cuts on the pulse shape, and the dead time introduced by the time veto of 7 half-lives used to reject $^{212}\text{Bi}+$ $^{208}\text{Tl}$ events ($\sim$88%). This number was evaluated using the $\sim$1 MeV $\gamma$ peak produced by $^{65}\text{Zn}$ decay in the physics spectrum [54]; (iii) the $\beta/\gamma$ selection efficiency ($\sim$98%), computed on a sample of pure $\gamma$ events. To define this event class, we exploit electromagnetic showers induced by cosmic muons; such events are easily identifiable as they result in interactions in a large number of crystals (see details in Ref. [54]).

The total efficiency, averaging the nine data sets, summed up to (86 $\pm$ 1)%.

This number is combined with the (81.0 $\pm$ 0.2)% probability that the two electrons emitted in 0$\nu$DBD are contained in a single crystal. Thus, the final CUPID-0 signal efficiency results (70 $\pm$ 1)%.

The background spectrum between 2.7 and 4.0 MeV after the three selection steps is shown in Fig. 2.

In the ROI for the 0$\nu$DBD search (from 2.8 to 3.2 MeV, see inset in Fig. 2) we observe 14 counts. Performing a simultaneous unbinned extended maximum likelihood (UEML) fit in the ROI, modeled with the only contribution of a flat background, we obtain $(3.5_{-1.0}^{+1.0}) \times 10^{-3}$ counts/(keV kg yr), the lowest background achieved by 0$\nu$DBD experiments based on cryogenic calorimeters. We then repeat the simultaneous UEML fit in the ROI adding the signal hypothesis to the model. For each data set, the fit includes the bi-Gaussian line shape for the 0$\nu$DBD signal [42], and the flat background component. The efficiency, the exposure, and the energy resolution are data set dependent. On the contrary, the decay rate $\Gamma^{0\nu}$ ($\Gamma^{0\nu} = 1/\Gamma_{1/2}^{0\nu}$) and the background index are treated as free parameters common to all the detectors and data sets.

We account for the systematics due to the uncertainty on the energy scale, the detector resolutions, the efficiencies, and the exposures. For each influence parameter, we weight the likelihood with a Gaussian probability density function with the mean and width fixed to the best estimated values and uncertainties, respectively. In contrast to the analysis described in Ref. [42], we treat the energy resolution and the uncertainty on the energy scale separately, as the former is a dataset dependent parameter, while the latter refers to the entire statistics. We then integrate the likelihood via numerical integration using a uniform prior in the physical region of $\Gamma^{0\nu}$ (between 0 and $5 \times 10^{-24}$ yr$^{-1}$) and marginalize over the background index nuisance parameter.

The resulting posterior probability density function (pdf) is shown in Fig. 3. The fit converges to a value of $\Gamma^{0\nu}$ of $4.7_{-5.9}^{+7.9} \times 10^{-26}$ yr$^{-1}$. We found no evidence for 0$\nu$DBD and we set a 90% C.I. Bayesian upper limit on $\Gamma^{0\nu} < 0.20 \times 10^{-24}$ yr$^{-1}$, corresponding to a lower limit on the $^{82}\text{Se}$ half-life of

$$T_{1/2}^{0\nu} > 3.5 \times 10^{24} \text{ yr.}$$

We also take into account the hypothesis of an exponential background distribution instead of a flat one, obtaining the same results. 

Exploiting a toy MC in which we simulate 1000 experiments with the same performances and exposure
measured by CUPID-0, we evaluate the 90% C.I. median sensitivity to be $T_{1/2}^{0\nu} > 5.0 \times 10^{24}$ yr. We evaluate also the probability to reach a higher limit with respect to the one measured in this work, obtaining 80%. As far as the limit on the effective neutrino mass is concerned, we recall that in the models where the $0\nu$DBD is mediated by the exchange of a light Majorana neutrino, the effective neutrino mass $m_{\nu0}$ is related to $T_{1/2}^{0\nu}$ by

$$ (T_{1/2}^{0\nu})^{-1} = G_{0\nu}|\mathcal{M}_{0\nu}|^2(g_a)^4\left(\frac{m_{\nu0}}{m_e}\right)^2, $$

where $G_{0\nu}$, $M_{0\nu}$, $g_a$, and $m_e$ are the phase space factor of the decay, the dimensionless nuclear matrix element (NME), the effective axial coupling constant and the electron mass, respectively. Using $G_{0\nu}$ from Refs. [59], the NME from Refs. [60–65], and an axial coupling constant $g_a = 1.269$ we set an upper limit on $m_{\nu0} < 311$–638 meV.

Summarizing, CUPID-0 set the most stringent limit on the $0\nu$DBD half-life of $^{82}$Se. Thanks to the capability to reject the background coming from $\alpha$ radioactive contaminations granted by the scintillating cryogenic calorimeter technique, we reach an unprecedented background level for bolometric experiments: $(3.5^{+1.0}_{-0.9}) \times 10^{-3}$ counts/(keV kg yr).

According to our background reconstruction model [58], the main contribution in the ROI is due to $\mu$ interactions: $(1.53 \pm 0.13\text{stat} \pm 0.25\text{syst}) \times 10^{-3}$ counts/(keV kg yr). The contaminations of the crystals dominate the residual background. In order to assess the individual contributions to the measured background, at the beginning of 2019 we upgraded the CUPID-0 detector by installing a muon veto and removing the reflecting foil that prevents the analysis of coincidences of surface events among crystals. In such a way, we plan to improve the capability to recognize the sources of the $\beta/\gamma$ background measured by CUPID-0. Measuring residual background contributions with such a high sensitivity will be of crucial importance in anticipation of the next-generation CUPID experiment.

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